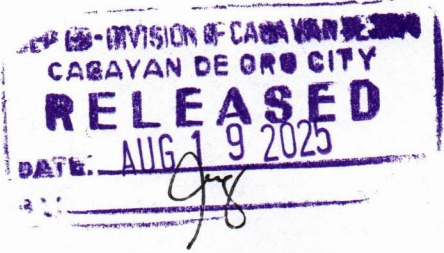




Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

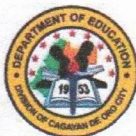
August 18, 2025

DIVISION MEMORANDUM
No. 097s. 2025

REITERATION ON THE PREVENTION AND MANAGEMENT OF
HAND FOOT MOUTH DISEASE (HFMD)

To: Chiefs, CID and SGOD
All Public Elementary and Secondary School Administrators
All School Health Personnel
All Others Concerned

1. In compliance to the issued **Regional Memorandum No. 147, s.2025** on the Prevention of Hand Foot Mouth Disease (HFMD) and adhering to DepEd Order No. 014, s.2020 titled Guidelines on the Required Health Standards in Basic Education Offices and Schools concerning localized outbreaks of contagious diseases, this office hereby imposed the protection and promotion of health and safety of our learners and personnel.
2. To foster a healthy public policy and create supportive environment, the school-based protocols underscoring principles of implementation are as follows:
 - 2.a Promote proper hygiene and sanitation through re-enforcement of frequent handwashing with soap and water, provide alcohol-based hand sanitizers in classroom and common areas and regular disinfection on high-touch surfaces such as doorknobs, tables and learning materials.
 - 2.b Monitor and report cases of contagious diseases to designated school health personnel from respective district/school thru online link at <https://docs.google.com/spreadsheets/d/1MFzMvYjrbEQvqxLWqy5cu50wvVQSKbM/edit?usp=sharing&ouid=104257081320716018895&rtpof=true&sd=true> docs.google.com and proper coordination with school-based DRRM and nearby barangay health stations and BHERT hotline.
 - 2.c Strengthen health education and awareness through online and onsite conduct of information drives on HFMD transmission, symptoms, and preventive measures involving parents and guardians in promoting personal hygiene and early detection of symptoms.



Address: Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City
Telephone: (088) 855-0044, (088) 855-0047, (088) 328-2142
Email Address: cagayandeoro.city@depd.gov.ph
Website: <https://depdcdo.net/>

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Republic of the Philippines
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REGION X
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- 2.d Implement infection control protocols through isolation of affected learners/ individuals to stay home until fully recovered and shall be placed on distance modular learning in line with DepEd Order No. 20, s.2024; ensure proper ventilation in classrooms and common areas; limit sharing of personal items such as eating utensils, towels and toys.
3. Enclosed herewith is a copy of the issued regional memorandum for your reference and guidance.
4. In adherence to Equal Opportunity Principle (EOP), inclusive and treatment are accorded to all personnel regardless of disability, sexual orientation, gender, religion, and ethnicity.
5. For widest dissemination and compliance to this memorandum is desired.

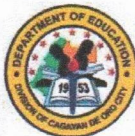
ROY ANGELO E. GAZO
Schools Division Superintendent

Encl.:
Reference: As stated
To be indicated in the Perpetual Index
Under the following subjects:

Health and Safety

Hand Foot Mouth Disease Prevention and Management

DM-062-SGOD-SHNS-ELS/ reiteration on the prevention and management of hand foot mouth disease (HFMD)
August 18, 2025

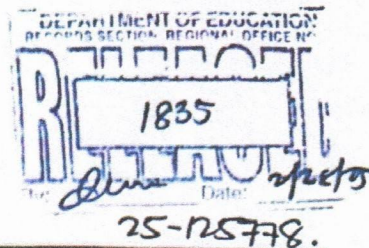


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Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO



February 27, 2025

REGIONAL MEMORANDUM

No. 197, s. 2025

THE PREVENTION OF HAND, FOOT, AND MOUTH DISEASE

To: School Division Superintendents
Principals/School Heads
All Others Concerned

1. Promoting health and safety against the possible outbreak of hand, foot, and mouth disease and other local outbreaks, the Department of Education (DepEd), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), issues this Memorandum on the prevention of this contagious disease.
2. Please refer to the attachment for details.
3. Likewise, for further queries regarding this concern, please contact Dr. Maria Corazon C. Dumlao and/or Dr. Mariblanca C.P. Piatos, BLSS-SHD, at (02) 8632-9935 or email at blss.shd@deped.gov.ph.
4. This Office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director

in copy
ATTY. SHIRLEY D. CHATTO
Chief Administrative Officer
Officer-in-Charge
Office of the Regional Director

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION SAFETY

ESSD/Leenemson



Address: DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City
Telephone No: (088) 881-3137
Email Address: region10@deped.gov.ph
Website: r10.deped.gov.ph

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PREVENTION OF HAND, FOOT, AND MOUTH DISEASE

Hand, Foot, and Mouth Disease (HFMD) is a highly contagious viral infection that commonly affects children and is caused by enteroviruses such as Coxsackievirus. It spreads through direct contact with an infected person's saliva, nasal discharge, blister fluid, or contaminated surfaces. Symptoms include fever, sore throat, reduced appetite, and characteristic rashes or sores on the hands, feet, and mouth.

To ensure the health and safety of learners, teachers, and nonteaching staff in schools, the following preventive measures must be observed and followed:

1. Promote Proper Hygiene and Sanitation

- a. Encourage frequent handwashing with soap and water.
- b. Provide alcohol-based hand sanitizers in classrooms and common areas.
- c. Regularly disinfect high-touch surfaces such as doorknobs, tables, and learning materials.

2. Monitor and Report Cases

- a. Require learners and staff with symptoms to stay at home until fully recovered.
- b. Establish a reporting system for suspected cases and coordinate with local health offices.

3. Strengthen Health Education and Awareness

- a. Conduct information drives on HFMD transmission, symptoms, and preventive measures.
- b. Involve parents and guardians in promoting personal hygiene and early detection of symptoms.

4. Implement Infection Control Protocols

- a. Limit sharing of personal items such as utensils, towels, and toys.
- b. Ensure proper ventilation in classrooms and common areas.
- c. Isolate affected individuals and provide support for their recovery.

The schools should work closely with the schools division health personnel, local health offices, and the Department of Health (DOH) for guidance on response measures and outbreak management.



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